

Mackay



Cape Hillsborough National Park

INSIDER TIP

The 74 islands of **The Whitsundays** were discovered by Captain James Cook on Whitsunday 1770. Nonetheless, he named them the Cumberland Group, which remains their official name today.

SHOP TALK

Caneland Central is the largest shopping centre in the Mackay region with more than 110 specialty shops, including Lorna Jane, City Beach and Colorado outlets, as well as major department stores. Cnr Victoria St and Mangrove Rd, tel: +61 (0)7 4944 7111, www.canelandcentral.com.au

JAVA JOLT

The Coffee Club is as much a landmark as it is a coffee shop, but it still serves up the beans. Savour offbeat blends like the muggocino, affogato and mellocino. Cnr Victoria and Wood Sts, tel: +61 (0)7 4957 8294, www.coffeeclub.com.au

CHEAP EATS

Fish and chips is the classic Australian cheap eat and **Hansen's Seafood** serves it up perfectly. And don't overlook the garlic prawns and lemon pepper bites. 71 Evans Ave, tel: +61 (0)7 4957 5395

TOP TABLES

At **Sorbellos**, a dauntingly long menu of classic Italian fare challenges you to find something not to like. Leave room for a treat from the huge selection of traditional desserts. 166 Victoria St, tel: +61 (0)7 4957 8300, www.sorbellos.com.au

AT YOUR LEISURE

Located 45 minutes from Mackay, **Flying Forest** is an eco-tourism experience that offers a unique view of the rainforest. Cruise through the air 30m above ground on the 250m Flying Fox. tel: +61 (0)7 4958 3359, www.forestflying.com

LATE & LIVELY

Cactus Jacks is a Tex Mex-themed eatery that draws crowds for its two-hour happy hour. A good selection of drinks and well-priced food makes it a great place to start your night. 64 Wood St, tel: +61 (0)7 4969 1021, www.cactusjacksrestaurant.com.au

OVERNIGHT

Just 47km north of Mackay, **Cape Hillsborough Nature Resort** has a range of accommodation, including three-star beachfront huts. It's on a narrow strip of land, surrounded by beach and national parkland. tel: +61 (0)7 4959 0152, www.capehillsboroughresort.com.au

Melbourne



Skyline at night from Southbank

INSIDER TIP

The **City Circle Tram** is a free tourist service that makes several stops within the CBD every 12 minutes. Audio commentary provides information on the tourist attractions it passes.

SHOP TALK

If you're impressed with Melbourne's culinary offerings and want to take some recipes home, visit **Books for Cooks** to buy titles from renowned local chefs. 233-235 Gertrude St, Fitzroy, tel: +61 (0)3 8415 1415, www.booksforcooks.com.au

JAVA JOLT

Arguably Melbourne's smallest coffee joint, **Park Lane** proves size doesn't matter by offering excellent coffee in an atmosphere made effortlessly cool by the DJ owner. 387 Clarendon St, tel: +61 (0)435 508 583

CHEAP EATS

Follow the hordes of university students as they look to tuck into the Asian hawker-style food at **Norsiah's Kitchen**. Lunch specials are especially cheap. 101/604 Swanston St, Carlton, tel: +61 (0)3 9347 7079.

TOP TABLES

If you can't decide what to order at **Collins Kitchen**, take

a stroll through the open-plan kitchen and see the masters at work. The express three-course lunch is an excellent value, with the blue swimmer crab linguini a must. 123 Collins St, tel: +61 (0)3 9653 4831, www.melbourne.grand.hyatt.com

AT YOUR LEISURE

Every Wednesday night in January and February, the **Suzuki Night Market** is home to an array of food stalls, vendors and entertainment stages guaranteed to please the senses. Queen Victoria Market, 513 Elizabeth St

LATE & LIVELY

The riverside setting of the new **Wharf Hotel** has made it a favourite of Melbourne's after-work crowd. With more hot summer nights to come, its open deck should be your default nightlife destination. World Trade Centre, 18-38 Siddely St, Southbank, tel: +61 (0)3 8680 6000, www.wharfhotel.com.au

OVERNIGHT

Comprising 12 luxury serviced apartments, **Andre's Mews** offers comfy, bright and spacious lodgings. Ideal for those wishing to be close to the shopping and eating strips of Richmond. 89 Church St, tel: +61 (0)3 9428 8859, www.andresmews.com.au

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